

## Career Life Connections (CLC) 11

### Course Outline/Scope and Sequence

<b>Introduction to Career Education:</b>	<p>A person's career is considered their "journey" through life, and the Career Education curriculum offers students the opportunity to pursue this journey in personally meaningful and goal-oriented ways. Career-life development with intent is the ongoing process of self-discovery, growth in competence, and learning from experiences in educational, work-related, and personal life contexts.</p> <p>The Career Education curriculum supports students in becoming successful, educated citizens by helping them learn how to effectively manage their life journey toward preferred future possibilities. This area of learning requires students to identify and develop their personal interests, passions, and competencies. Students reflect on learning experiences in school and community, build confidence through their contributions, and explore multiple career-life roles and choices. The curriculum fosters lifelong learning, beginning in kindergarten and continuing through to graduation and beyond.</p>	
<b>Students are expected to:</b>	<b>Content:</b>	<b>Activities Grade 11:</b>
<b>Examine</b>	<p>Consider how their influence on values, actions, and preferred futures</p> <p>Analyze internal and external factors to inform personal <u>career-life choices</u> for post-graduation planning</p> <p>Assess personal transferable skills, and identify strengths and those skills that require further refinement</p> <p>Explore and evaluate personal strategies, including social, physical, and financial, to maintain well-being</p>	<p>Reflect</p> <p>Discuss with others</p> <p>Goal setting</p> <p>Survey's</p> <p>Tours</p> <p>Shadowing</p> <p>Interviews</p> <p>Presentations</p>
<b>Interact</b>	<p>Collaborate with a <u>mentor</u> to inform career-life development and exploration</p> <p>Engage with personal, education, and employment networks to cultivate <u>post-graduation resources</u> and social capital</p> <p>Create and critique personal and public profiles for self-advocacy and marketing purposes</p> <p>Demonstrate and reflect on inclusive, respectful, and safe interactions in multiple <u>career-life contexts</u></p>	<p>With themselves</p> <p>With their peers</p> <p>With their teachers</p> <p>With presenters</p> <p>With Community</p> <p>With PSI's</p>
<b>Experience</b>	<p>Explore possibilities for preferred personal and education/employment futures, using creative and innovative thinking</p> <p>Identify and apply preferred approaches to learning for ongoing career-life development and self-advocacy</p> <p>Engage in, reflect on, and evaluate <u>career-life exploration</u></p>	<p>myBlueprint activities</p> <p>Post Secondary Institute Tour</p> <p>Work BC</p> <p>Try-A-Trade</p> <p>UBCO Campus</p> <p>Work BC</p> <p>BC Federation of Labour</p> <p>Career Spotlights</p> <p>Job Shadowing</p> <p>MADD</p> <p>Student-for-a-day</p> <p>Some will experience RCMP camp</p> <p>Capstone walk through</p>
<b>Share</b>	<p>Reflect on experiences in school and out of school, assess development in the Core Competencies, and share highlights of their learning journey</p> <p>Design, assemble, and present content learned</p>	<p>myBlueprint content– reflection additions, goal setting</p> <p>Assignments</p>
<b>Assessment and Evaluation</b>	<p>myBlueprint submissions</p> <p>Assignments</p> <p>Participation on fieldtrips</p> <p>A – 86-100</p> <p>B – 73-85</p> <p>C+ - 68-72</p> <p>C – 60-67</p> <p>C- - 50-59</p> <p>D – 0-49</p>	

Students are to:	Attend:	Dates:	Activities:
	myBlueprint Sessions	<p><b>October</b> - please listen to announcements for upcoming dates and times for events and presentations.</p> <p><b>November</b></p> <p><b>December</b></p> <p><b>January</b></p> <p><b>February</b></p> <p><b>March</b></p> <p><b>April</b></p> <p><b>May</b></p> <p><b>June</b></p>	<p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Goal setting term 1</li> <li>• PSI tour</li> <li>• Tolko Experience</li> <li>• Dual credit night -Salmon Arm and Armstrong</li> <li>• Interior Health Presentation</li> <li>• Green jobs in forestry</li> <li>• Work Safe BC</li> <li>• Interior health fieldtrip</li> <li>• Centre for Arts and Technology</li> <li>• Forestry/Wildfire Day</li> <li>• TRU fieldtrip</li> <li>• <b>Applications to dual credit programs</b></li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Reflection Core Competencies#1</li> <li>• TA Structures spotlight</li> <li>• Food Science UBCO lab at Fortune</li> <li>• University of Calgary</li> <li>• Avalanche Canada</li> <li>• Hairdressing Open House</li> <li>• PSI presentation Indigenous</li> <li>• Jill of All Trades Vernon</li> <li>• Sparkling Hill spotlight</li> <li>• <b>Applications to dual credit programs</b></li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Goal setting term 2</li> <li>• Food Safe</li> <li>• RCMP visit (TBA)/ RCMP Camp applications</li> <li>• OC Vernon and Kelowna tours (TBA)</li> <li>• TRU presentation</li> <li>• <b>Occupational Investigation Assignment (hand in)</b></li> <li>• <b>Applications to dual credit programs</b></li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Reflection Core Competencies#2</li> <li>• <b>Budget worksheet (hand in)</b></li> <li>• <b>Applications to dual credit programs</b></li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Goal Setting term 3</li> <li>• PC1 Open house (TBA)</li> <li>• ACRT Open house (TBA)</li> <li>• Experience UBCO (TBA)</li> <li>• <b>Resumes (hand in)</b></li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• <b>PSI Worksheet (hand in)</b></li> <li>• Apply to dual credit programs</li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Reflection Core Competencies#3</li> <li>• Apply to dual credit programs</li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Goal setting term 4</li> <li>• RCMP camp (TBA)</li> </ul> <p><b>Career Contact</b></p> <ul style="list-style-type: none"> <li>• Reflection Core Competencies#4</li> </ul>

## Grade 11 CAREER LIFE EDUCATION

### Let's Get Started

- Students visit [www.myBlueprint.ca/sd83](http://www.myBlueprint.ca/sd83), and click on **SCHOOL Account Log In**
  - Enter your SD 83 log in credentials and click Sign In.

**NOTE:** You should be participating in school-based Career activities/presentations or fieldtrips throughout the year (various Trades Spotlights and Post-Secondary Institute tours). When you have completed an activity, create a box in your "About Me" grade 11 portfolio, with the title of the specific activity. Add a reflection on what you have learned during this activity. Listen carefully to the morning announcement for information about upcoming Trade activities.

### OCTOBER

**NOTE:** The *Learning Styles, Personality, Interests, Knowledge, and Motivations* assessments must be completed before a student can complete the Compatibility surveys. They need to be added to your About Me portfolio and reflections added for each.

#### ACTIVITY #1: Motivations Assessment

- Select **Portfolios** from the tab menu in the home section.
- Add a new portfolio (+ **Add Portfolio**) titled "About Me Portfolio" -Description – **Grade 11!** This portfolio will allow you to showcase your interests, passions, goals, and career interest.  
*\*Each grade year students will create an About Me portfolio for that particular grade/year.*
- Select **Who Am I?** From the left-hand navigation menu on your dashboard.
- Complete **ONLY** the **Motivations** survey to receive your results.
- Review the **full report** to learn more about your top two motivation factors and the types of opportunities that are well suited to your interests.
- Add your **Motivations** to your **About Me Portfolio**
- Write a brief **reflection** (Do you agree? Disagree? Why or why not? What did you learn?).

#### ACTIVITY #2: Goal Setting for Term 1

- Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Goals**.
- Add **ONE (1) Academic Goal (short term, term 1)** and include an Action Plan for how you intend to achieve it. This can be around learning a new skill or to improve on a specific subject area.
- Add this academic goal to your **About Me Portfolio**.
- Add **ONE (1) Other Goal (short term)** and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve on.
- Add this goal to **your About Me Portfolio**.

**Note:** You will write a brief **reflection** about your goal achievement progress at the end of term.

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

## Grade 11 CAREER LIFE EDUCATION

### NOVEMBER

**ACTIVITY #1: Reflection of Core Competencies #1** – this is done with your “A” block teacher. This document can be found online, on A.L. Fortune website, under Careers.

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Portfolios**.
2. Open your **Grade 11 portfolio**.
3. “Add” a box
4. Title this box – **Core Competency Term 1**, your Description should read: **Self Reflection**, then choose “Add Media”
5. Take a picture of your **Core Competency Reflection Sheet**, which you will complete with your classroom teacher, upload it!

### ACTIVITY #2: This is ME!

1. Select **Portfolios** from the tab menu on your dashboard. Select your **About Me** portfolio
2. Add 2 custom boxes (click + **Add Box**, **Add Media** +) titled “**WHO AM I?**” and upload a picture or video of something that best **describes who you are**. One box sharing a passion or hobby you have, another box sharing something you have accomplished and are proud of, OR a box of someone you admire.
3. Add a title and a description.
4. Add a **reflection** (Why did you choose to share this? Why is it important to you?).

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

## Grade 11 CAREER LIFE EDUCATION

### DECEMBER

#### ACTIVITY #1: Goal Setting for Term 2

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Goals**.
2. Go to your About Me Portfolio – write a reflection on the progress of your goals you set for term 1. Were you successful, what worked, what didn't, would you change anything?
3. If you have achieved your term 1 goal, please add a new **Academic Goal (one, short term, term 2)** and include an Action Plan for how you intend to achieve it. This can be around learning a new skill or to improve on a specific subject area. If you have NOT achieved your goal from term 1, your reflection should include a comment regarding your progress, any change in your "plan of attack", and any additional steps required to meet your target.
4. Add this academic goal to your **About Me Portfolio**, if you are reflecting, do so in the "Reflection" area in the box containing your term goal.
5. Add **ONE (1) Other Goal (short term)** and include an Action Plan for how you intend to achieve it for Term 2. This can be about anything else in your life that you would like to improve on.
6. Add this goal to your **About Me Portfolio**.

**NOTE:** You will write a brief **reflection** about your goal achievement progress at the end of each term.

#### ACTIVITY #2: Occupation Comparison

1. Select **Work** section from the navigation menu on your dashboard, click on **Occupations**.
2. Find an Occupation option by entering an **Occupation Name** of interest or **Keyword** in the Search Bar and clicking **Search**. Too many options? Use the **Smart Filters** to help narrow your results.
3. Find 3 Occupations that you want to learn more about and have not already selected. You have done this throughout your high school career, do not duplicate your careers searches. This is an exercise to help you broaden your career research. Click the three dots to the right of the occupation names, select the **Compare** button and then click the blue **Compare** button at the top of the screen to view the Occupations side by side.
4. Consider and compare the following, complete the chart attached:
  - a. What do they do?
  - b. Level of education required?
  - c. Whether this job is a match for you based on your **Who Am I** results?
  - d. Outlook?
  - e. Salary?
  - f. Potential Post-Secondary programs (if applicable), by looking at jobs did your post secondary interests change?
5. Click the heart icon below the Occupation Title to favourite attractive options.
6. Repeat steps 2-5 for different Occupation options. Rank your top three choices by selecting **FAVOURITES** in the navigation menu. Click and drag your top three choices into the slots.
7. Add boxes to your portfolio (About Me Portfolio) for your recently favoured occupations by clicking the three dots beside each name and selecting **Add to Portfolio**.

## Grade 11 CAREER LIFE EDUCATION

8. Add a **reflection** to each of the three boxes in **your Portfolio** (What is it about this occupation that interests me? What are the pros and cons of each one?)

**HOMEWORK:** Hand in your Occupational Comparison Chart to the Career Centre.

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

Are you interested in any **dual credit program?** A trade like electrical, plumbing or welding? Or maybe becoming a Certified Education Assistant, Early Childhood Education, Emergency Responder Technician? If you have any questions or would like an application, stop by the Career Centre.

## Grade 11 CAREER LIFE EDUCATION Occupational Comparison Chart

Name (first and last) \_\_\_\_\_

	Occupation #1	Occupation #2	Occupation #3
Occupation name...			
What do people do when they work in this job?			
What is the education required?			
What is the job outlook like?			
Salary?			
What is the work environment like?			
Identify another job in this area that you might find interesting....			
After learning more about this occupation are you still interested, why or why not?			



## Grade 11 CAREER LIFE EDUCATION

### JANUARY

**ACTIVITY #1: Reflection of Core Competencies #2** – this is done with your “B” block teacher. This document can be found online, on A.L. Fortune website, under Careers.

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Portfolios**.
2. Open your **Grade 11 portfolio**.
3. “Add” a box
4. Title this box – **Core Competency Term 2**, your Description should read: **Self Reflection**, then choose “Add Media”
5. Take a picture of your **Core Competency Reflection Sheet**, which you will complete with your classroom teacher, upload it!

### ACTIVITY #2: Budget

1. Select **Money** from the navigation menu.
2. Click on **Budget and Finance Guide**, read the content in the “creating a Budget” section.
3. Your job is to create a budget for buying a new car.
4. Add a budget:
  - a. Name your budget
  - b. You are starting your savings in February
5. Add expenses:
  - a. Your car costs \$8000
  - b. Insurance is \$2400 per year or \$200 per month
  - c. Gas is \$50 per month
6. Add income:
  - a. Your work income is \$800 per month or \$200 a week
  - b. You have savings of \$3000
  - c. Your parents are gifting you a one time offer of \$1000
7. Add this budget to your grade 11 portfolio:
8. Create a box in your grade 11 portfolio:
  - a. add a picture of your new car
  - b. add a reflection and answer: What is the earliest month you could purchase your new car and have fully covered the purchase price, insurance for one year and gas for one year?

**HOMEWORK:** Print and hand in a copy of your budget to the Career Centre.

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

## Grade 11 CAREER LIFE EDUCATION

### FEBRUARY

#### ACTIVITY #1: Goal Setting for Term 3

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Goals**.
2. Go to your About Me Portfolio – write a reflection on the progress of your goals you set for term 2. Were you successful, what worked, what didn't, would you change anything? Your semester classes are over, does this impact your area of improvement?
3. Add a new **Academic Goal (one, short term, term 3)** and include an Action Plan for how you intend to achieve it. This can be around learning a new skill or to improve on a specific subject area.
4. Add **ONE (1) Other Goal (short term)** and include an Action Plan for how you intend to achieve it for Term 3. This can be about anything else in your life that you would like to improve on.
5. Add this goal to **your About Me Portfolio**.

**NOTE:** You will write a brief **reflection** about your goal achievement progress at the end of each term.

#### ACTIVITY #2: Resumes

1. Select **Work** from the navigation menu on your dashboard, click on **Resumes**.
2. Review the **Resume Guide** to learn more about effective resume building. Select **Back to Resume** in the top right corner of your screen to return to building your resume.
3. **Create a new resume** or **add** to your resume from grade 10. If you haven't already, update or add your **Contact** information; fill in the **Objective, Education, Volunteer Experience**, and any other sections you feel you need. When you print your resume, it will only print what you have populated.
4. You can "switch" the order of appearance of your sections....your objective should be first, followed by work education, work experience, skills, certificates, hobbies. References belong at the end and needs to complete – do NOT insert "available upon request"

**HOMEWORK:** Print a copy of your resume and hand it in to the Career Centre. Be sure the resume you hand in is one that is truly useable. Be sure you proofread!

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.  
**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

## Grade 11 CAREER LIFE EDUCATION

### MARCH

#### ACTIVITY #1: Post-Secondary

1. Select **Post-Secondary** from the left hand navigation menu on your dashboard.
2. Select Apprenticeships, College/University or Workplace.
3. Find three opportunities from one or more pathways that interest you and click the heart icon beside the program title to add it to your list of **Favourites**. Use the **Smart Filters** to help narrow your results.
4. In the navigation menu, select **FAVOURITES** to review your selected opportunities (click on the **Apprenticeships/Programs or Workplaces** tab). Click the three grey dots to the right of the opportunities you favourited today, select the **Compare** button, and then click the blue **Compare** button at the top of the screen to view the opportunities side by side.
5. Consider and compare the following, also complete the attached Post secondary Program worksheet attached....
  - a. Location
  - b. Program Length
  - c. Tuition cost
  - d. Is there residence/cost?
  - e. Admission requirements
  - f. Related Occupations – do you like anything? This could be a comment in your reflections.
6. In the navigation menu, select **FAVOURITES** and rank your top three post-Secondary opportunities by clicking and dragging them into the first, second, and third place spot.
7. Add your recently “favourited” opportunities to your portfolio (About Me Portfolio, grade 12) by clicking on the three grey dots to the right of the opportunity title and selecting the **Add** button.
8. Add a **reflection** to each of the three boxes in **your About Me Portfolio** (What is it about these opportunities that interests me? Why do I want to pursue this opportunity? What are the pros and cons of each one? Do you need to take any specific courses in high school?).

**HOMEWORK:** Hand in your PSI worksheet to the Career Centre.

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?



## Grade 11 CAREER LIFE EDUCATION Post Secondary Institute Worksheet

Name (first and last) \_\_\_\_\_

	Post Secondary Program#1	Post Secondary Program#2	Post Secondary Program#3
Program name:			
What is the name of the college or university:			
PSI location (city):			
What is the program about:			
Length of program:			
Cost of tuition: Note if it is total cost or per semester/year.			
Residence cost:			
Admission requirements:			
I like this program because....			
I like this PSI because....			
The location of the PSI works for me because....			
If I finish this program, my credential awarded would be.....			



## Grade 11 CAREER LIFE EDUCATION

### APRIL

**ACTIVITY #1: Reflection of Core Competencies #3** – this is done with your “C” block teacher. This document can be found online, on A.L. Fortune website, under Careers.

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Portfolios**.
2. Open your **Grade 11 portfolio**.
3. “Add” a box
4. Title this box – **Core Competency Term 3**, your Description should read: **Self Reflection**, then choose “Add Media”
5. Take a picture of your **Core Competency Reflection Sheet**, which you will complete with your classroom teacher, upload it!

### ACTIVITY #2: Looking forward to Graduation

1. Select **Home** from the navigation menu, click on **Portfolio**
2. Choose your portfolio (About Me Portfolio – grade 11).
3. Click + **Add Box** and select **Add Journal** . Create a **Journal Entry**.
4. Write a **Journal Entry** to describe what your thoughts about your plans for your grade 12 year and perhaps after graduation. These plans could include thoughts on schooling, working, travelling. Included in your entry should be thoughts on the following:
  - a. What are you looking forward to?
  - b. What are you worried about?
  - c. What are two obstacles you may face?
  - d. How can you overcome these obstacles?
  - e. Who could you turn to for a support system and why?
  - f. Are there courses that you need to take to meet entrance requirements for a program?
  - g. Is there any job shadowing you want to do or school you want to visit?

## Grade 11 CAREER LIFE EDUCATION

**MAY**

### **ACTIVITY #1: Goal Setting for Term 4**

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Goals**.
2. Go to your About Me Portfolio – write a reflection on the progress of your goals you set for term 3. Were you successful, what worked, what didn't, would you change anything?
3. If you have achieved your term 3 goal, please add a new **Academic Goal (one, short term, term 4)** and include an Action Plan for how you intend to achieve it. This can be around learning a new skill or to improve on a specific subject area. If you have NOT achieved your goal from term 3, your reflection should include a comment regarding your progress, any change in your "plan of attack", and any additional steps required to meet your target.
4. Add this academic goal to your **About Me Portfolio**, if you are reflecting, do so in the "Reflection" area in the box containing your term goal.
5. Add **ONE (1) Other Goal (short term)** and include an Action Plan for how you intend to achieve it for Term 4. This can be about anything else in your life that you would like to improve on.
6. Add this goal to **your About Me Portfolio**.

**NOTE:** You will write a brief **reflection** about your goal achievement progress at the end of each term.

### **ACTIVITY#2: Proofread your year**

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Portfolios**.
2. Open your **Grade 11 Portfolio**.
3. **Review** your year of boxes, additions, reflections. **Please be sure you handed in all required assignments to the Career Centre: Occupation Comparison worksheet, car budget, resume, PSI worksheet.**

Do you have any Career Life Education experiences to add? If so, create a box in your **About Me Grade 11 Portfolio** and add a picture or symbol about your experience and add a reflection regarding your experience.

**Hint:** Did you participate in any Career events; attend a presentation, go on a fieldtrip, job shadow?

## Grade 11 CAREER LIFE EDUCATION

### JUNE

**ACTIVITY #1: Reflection of Core Competencies #4** – this is done with your “D” block teacher. This document can be found online, on A.L. Fortune website, under Careers.

1. Select **Home** from the navigation menu on the left-hand side of your screen. Then select the tab **Portfolios**.
2. Open your **Grade 11 portfolio**.
3. “Add” a box
4. **Title** this box – **Core Competency Term 4**, your **Description** should read: **Self Reflection**, then choose “**Add Media**”
5. **Take a picture of your Core Competency Reflection Sheet**, which you will complete with your classroom teacher, upload it!

**Congratulations, you have completed Career Life Education 11!**