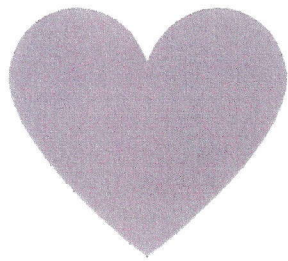


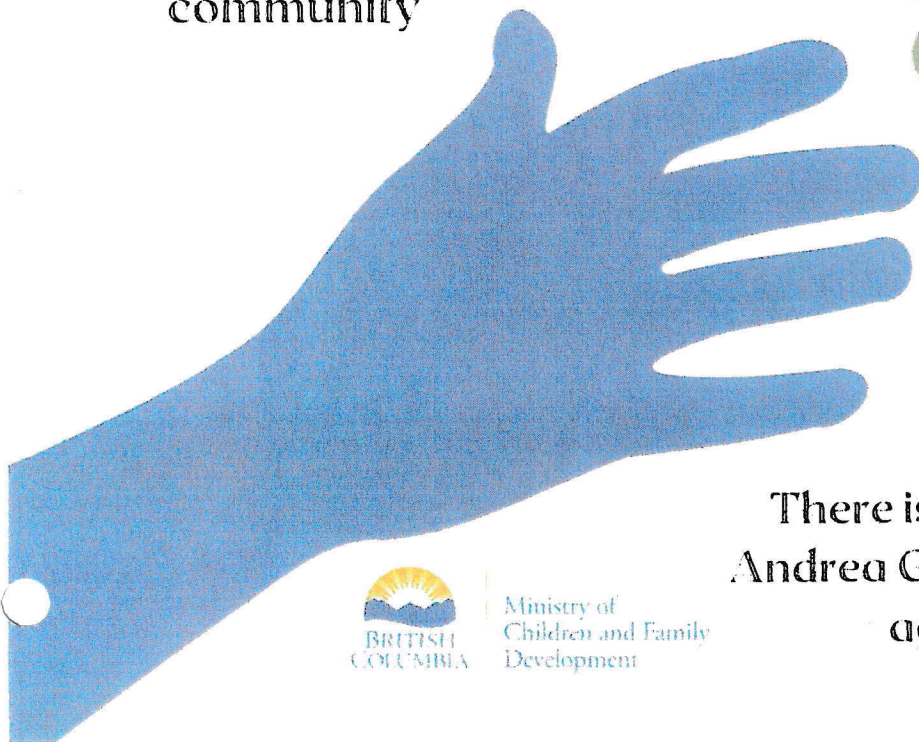
You are not alone...



Support & tools for Parents of Teens

who may be...

- Struggling with mental health
- Challenging boundaries
- Causing concerning behaviour and conflict at home & in the community



 bgc Child & Adolescent

 aspiral youth partners
association



Ministry of
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Development

There is help... Call text or email
Andrea Guenther at 250-803-6898

aguenther@bgco.ca