

Course Planning Worksheet for the 2025 -2026

First Name: _____ Last Name: _____

Grade 10	Course Selected	Alternates
English 10: English First Peoples – Composition / Literary Studies 10 (2 credits) / (2 credits)	Grade 10 Package	X
Socials 10	Grade 10 Package	X
Science 10	Grade 10 Package	X
Career Life Education 10	Grade 10 Package	
Select One (Required): Math 10 – Workplace Math 10 – Foundations/PreCalc		X
Select One (Required): -PHE 10 - Regular -PHE 10 - Active for Life 10 -PHE 10 – Volleyball 10		X
Elective #1: (Applied Skills/Fine Arts):		Alternate: 1 st Alt: 2 nd Alt:
Elective #2:		
Elective #3:		
Additional Electives (ie. Outside of Timetable...) - OPTIONAL: (ex: Leadership, Marketing, Athletic Leadership, Yearbook, A.M. Fitness)		X
Additional Electives (ie. Outside of Timetable...) - OPTIONAL: (ex: Leadership, Marketing, Athletic Leadership, Yearbook, A.M. Fitness)		X

Do you want Work Experience credit?

TICK YES OR NO below:

☐ YES

☐ NO

Considerations: Will you be at least 14 years old before you start your job?
Does your job have Worksafe?

Course Selection Notes:

- The courses that you select will have a **DIRECT impact** on your future career path. Be sure that you are picking courses that satisfy your educational goals and that meet post secondary entrance requirements.
- Be in contact with the Career Centre/Library if you are interested in taking a trades or academic based Dual Credit program.

	Grade 7	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
English	English 7	English 8	English 9	English First Peoples Writing & Lit Studies 10*	English: Literary Studies 11	English Studies 12
Math	Mathematics 7	Mathematics 8	Mathematics 9	Workplace Mathematics 10	Workplace Mathematics 11	Pre-Calculus 12
				Foundations of Math and Pre-Calculus 10	Pre-Calculus 11	Calculus 12
Science	Science 7	Science 8	Science 9	Science 10	Chemistry 11	Chemistry 12 (2026-27)
					Physics 11	Physics 12 (2025-26)
					Life Sciences 11	Anatomy & Physiology 12
					Earth Science 11	Sp. Science 12 (elective credit)
					Land Based Earth Science 11 & BC First Peoples 12 *	
Social Studies	Social Studies 7	Social Studies 8	Social Studies 9	Social Studies 10	Explorations in Social Studies 11	BC First Peoples 12 *
						20th Century World History 12
						Law Studies 12
PHE	Physical and Health Ed. 7	Physical and Health Ed. 8	Physical and Health Ed. 9	Physical and Health Education 10	PE 11: Active Living	PE 12: Active Living
	Jr. Hockey Academy 7-9	Jr. Hockey Academy 7-9	Volleyball 9	Volleyball 10	Volleyball 11	Volleyball 12
			Active for Life 9	Active for Life 10	Active for Life 11	Active for Life 12
			Athletic Leadership 9**	Athletic Leadership 10**	Athletic Leadership 11**	Athletic Leadership 12**
			Jr. Hockey Academy 7-9	Sr. Hockey Academy 10-12	Sr. Hockey Academy 10-12	Sr. Hockey Academy 10-12
			A.M. Fitness & Conditioning 9**	A.M. Fitness & Conditioning 10**	A.M. Fitness & Conditioning 11**	A.M. Fitness & Conditioning 12**
Lang.	French 7	French 8			Intro Spanish 11	
Careers	Health & Career Ed 7	Health & Career Ed 8	Health & Career Ed 9**	Career Life Education 10**	Career Life Education 11**	Career Life Connections 12**
				Youth Train in Trades (Dual Credit Program) - at high schools		
				Youth Train in Trades (Dual Credit Program) - at college		
				Youth Work in Trades - employed apprentice		
				Work Experience		
				Rotation Trade Programs - Explore a Trade		
			Learning Assistance 9	Learning Assistance 10	Learning Assistance 11	Learning Assistance 12
Support				On Track Program - Various Courses		

Indigenous Focus Grad Credit *

Off-timetable Courses **

	Grade 7	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Applied Design, Skills and Technologies (ADST)	Explorations 7	Explorations 8	Foods 9	Foods 10	Foods 11	Foods 12
			Fashion Design 9	Fashion Design 10	Fashion Design 11	Fashion Design 12
			Woodworking 9	Woodworking 10	Woodworking 11	Woodworking 12
			Auto Mechanics 9	Auto Mechanics 10	Auto Mechanics 11	Auto Mechanics 12
			Metalwork 9	Metalwork 10	Metalwork 11	Metalwork 12
			Drafting & Automation 9	Drafting & Automation 10	Drafting & Automation 11	Drafting & Automation 12
			Business 9	Business 10	Business 11	Business 12
			Autobody 9	Autobody 10	Autobody 11	Autobody 12
			Women in Trades 9	Women in Trades 10	Women in Trades 11	Women in Trades 12
			Skills Explorations 9	Skills Explorations 10	Skills Explorations 11	Skills Explorations 12
			Digital Technology 9	Digital Technology 10	Digital Technology 11	Digital Technology 12
			Yearbook 9**	Yearbook 10**	Yearbook 11**	Yearbook 12**
Arts Education	Band 7	Band 8	Concert Band 9	Concert Band 10	Concert Band 11	Concert Band 12
			Jazz Band 9	Jazz Band 10	Jazz Band 11	Jazz Band 12
			Art 9	Art 10	Art 11	Art 12
			Recording & Audio Prod. 9	Recording & Audio Prod. 10	Recording & Audio Prod. 11	Recording & Audio Prod. 12
			Contemporary Music 9	Contemporary Music 10	Contemporary Music 11	Contemporary Music 12
			Drumline 9	Drumline 10	Drumline 11	Drumline 12
			Musical Theatre 9	Musical Theatre 10	Musical Theatre 11	Musical Theatre 12
			Leadership 9**	Leadership 10**	Leadership 11**	Leadership 12**
Misc.			Marketing 9**	Marketing 10**	Marketing 11**	Marketing 12**

Important Note: Students may not be able to take all of their preferred courses due to limited space or incompatibility with their individual timetable. Furthermore, some courses may not proceed due to low interest